

# COACHING

Developing People & Potential



## **SYNOPSIS**

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This program seeks to equip all managers with the necessary skills in coaching their staff and in improving their performance. We will introduce the GROW Grid, discuss perspectives & principles in coaching, work with participants to design a coaching program and work through the hurdles in coaching.

## **OBJECTIVES OF PROGRAM**

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- Learn the importance of understanding and growing yourself in developing others.
- Understand perspective & principles in effective coaching.
- Cultivate skills in coaching.
- Learn to design a coaching program.
- Overcome obstacles during coaching program.

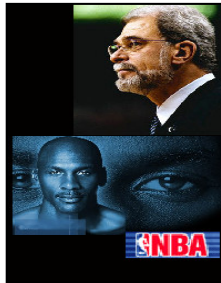
## **METHODOLOGY**

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The workshop combines lectures, role-plays, group discussions, videos, case studies and group projects. A major part of the workshop is very interactive to create greater self-awareness plus learning experience from peer group members.

# DAY 1

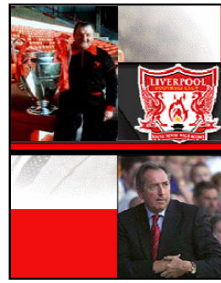
**SESSION 1**  
‘NBA: PHIL JACKSON & MICHAEL JORDAN’  
Partnership



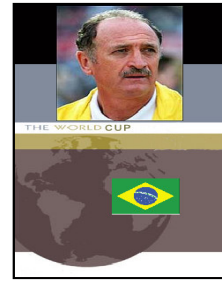
**SESSION 2**  
‘WORLD SWIM CHAMP: IAN THORPE’  
Understanding Coaching



**SESSION 3**  
‘EPL LIVERPOOL: PAISELY vs HOULLIER’



**SESSION 4**  
‘WORLD CUP: BIG PHIP & BRAZIL’  
Appreciating Different Coaching Styles

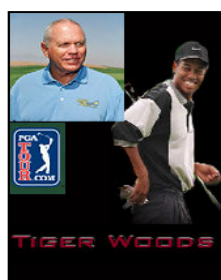


# DAY 2

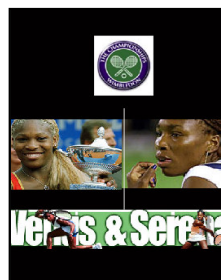
**SESSION 5**  
‘BARCELONA OLYMPICS’  
Overcoming Obstacles



**SESSION 6**  
‘PGA CHAMPIONSHIP: BUTCH HARMAN & TIGER WOODS’  
Designing a Coaching Program



**SESSION 7**  
‘WIMBLEDON : VENUS vs SERENA’  
Improving Coaching Skills



**SESSION 8**  
‘CEO COACH: MARCHALL GOLDSMITH’  
Making Coaching Work

