

# **SYNERGY**

## **Enhancing Group Effectiveness**

Group Effectiveness (Interpersonal,  
Teamwork and Negotiation)



## **SYNOPSIS**

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This program aims to help participants function more effectively within a team through the learning and practice of interpersonal, teamwork and negotiation skills. The importance of relationship and conflict management in teambuilding will also be covered in the program to enable work units to increase their group effectiveness.

## **OBJECTIVES OF PROGRAM**

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- Improve the skills necessary to interact constructively with others
- Enhance teamwork and explore ways to strengthen teamwork skills
- Understand the basics of negotiation and conflict management
  - Increase your value to your organization

## **METHODOLOGY**

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The workshop combines lectures, role-plays, group discussions, videos, case studies and group projects. A major part of the workshop is very interactive to create greater self-awareness plus learning experience from peer group members.

## DAY 1

### Session One:

#### Understanding Change

- Activity: *Life Images*
- Video: *Race without a Finish Line*

### Session Three:

#### Building TEAM Model

- Meta's TEAM Model
- Activity: *Tower Building*

### Session Two:

#### Recognizing Team Development

- Tuckman's Model

### Session Four:

#### Transforming Leadership

- Activity: Group Juggle

## DAY 2

### Session Five:

#### Enhancing Relationship

- Role-play: *Spy vs Spy*
- Activity: *Relationship Survey*

### Session Seven:

#### Align Responsibilities

- Activity: *What's your order?*

### Session Six:

#### Practicing Listening Skills

- Clarifying, Paraphrasing, Summarizing
- Activity: *Debate*

### Session Eight:

#### Synergy - Putting It Together

- Activity: *Traffic Jam*
- Post Course Assessment
- Evaluation