



## SYNOPSIS

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This program seeks to provide participants a new perspective in dealing with personality differences, realigning yourself, dealing with difficult situations, finding inner resources to cope with new challenges and learning motivational principles for professional success.

## OBJECTIVES OF PROGRAM

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- Take 5 to reflect, re-assess, re-energize, re-learn and re-focus.
- Learn the *5A Principle* to deal with personality differences.
- Reflect on *5 Vocational Alignment Assessment* and determine vocational alignment using the “*Will-Skill*” matrix.
- Develop *TFIVE Perspectives* and learn the *5 Resource Questions* to manage challenging situations.
- Understand the key motivational principles for professional success.

## METHODOLOGY

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The workshop combines lectures, role-plays, group discussions, videos, case studies and group projects. A major part of the workshop is very interactive to create greater self-awareness plus learning experience from peer group members.

# PROGRAM

